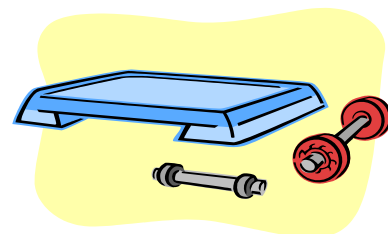


# FITNESS CLASSES

MON	TUES	WED	THURS	FRI	SAT
	<b>****BALL FIT</b>  <b>ANNETTE</b>  <b>8:15-9am</b>		<b>****BALL FIT</b>  <b>ROBIN</b>  <b>8:15-9am</b>		
<b>STEP &amp; SCULPT</b>  <b>MEGAN</b>  <b>9-10am</b>		<b>SUPER SCULPT</b>  <b>ANNETTE</b>  <b>9-10am</b>		<b>20/20/20</b> <b>STEP/WEIGHTS</b> <b>&amp; ABS</b>  <b>ROBIN</b>  <b>9-10am</b>	
<b>ABC &amp; BLT</b>  <b>SYLVIA</b>  <b>12:30-1:15pm</b>		<b>GUT &amp; BUTT</b>  <b>SYLVIA</b>  <b>12:30-1:15pm</b>		<b>STEP/ ABS</b>  <b>SYLVIA</b>  <b>12:30:1:15pm</b>	
	<b>CONDITION</b> <b>STRENGTH</b>  <b>ROBIN</b>  <b>4-5pm</b>		<b>CONDITION</b> <b>STRENGTH</b>  <b>ROBIN</b>  <b>4-5pm</b>		
<b>SUPER STEP</b>  <b>ANNETTE</b>  <b>6-7pm</b>	<b>CARDIO</b> <b>SCULPT</b>  <b>ROBIN</b>  <b>6-7pm</b>		<b>STEP &amp;</b> <b>WEIGHTS</b>  <b>ROBIN</b>  <b>6-7pm</b>		

**\*\*\*\*BALL FIT CLASS**

**BYOB (BRING YOUR OWN BALL)**  
**\$3 PER 45 MINUTE CLASS**  
**INCLUDED IN MONTHLY FEE**



**\*SEE FEES, DESCRIPTION OF CLASSES AND CHILDCARE HOURS ON BACK**