



Cheernastics Tumbling Classes

at the Casey Community Center
101 Old Moncks Corner Road

Tuesdays: September 6, 2011 - May 29, 2012	Thursdays: September 8, 2011 - May 31, 2012
4:00-5:00 pm Cheernastics Basic Starter	
5:00-6:00 pm Cheernastics Pro	5:00-6:00 pm Cheernastics Basic Starter
6:00-7:00 pm Cheernastics Elite	6:00-7:00 pm Cheernastics Pro

Cheernastics Starter: Students will learn rolls, jumps, back walkovers, bends, cartwheels and round offs.

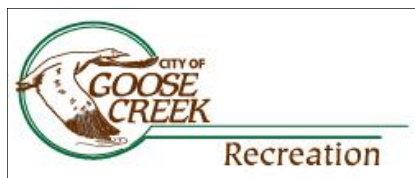
Cheernastics Pro: Students will learn round offs, back handsprings, and the two connected, round-off back handspring and front hand-springs.

Cheernastics Elite: Students will learn advanced tumbling including front and back tucks and twisting elements.

**Boys & Girls
Ages 5 - up**
Classes are geared toward the beginner, intermediate & advanced tumblers. Students will be grouped by ability level.

\$25 registration fee (non-refundable)
Cost for one class a week:
\$45 month resident/\$50 non-resident
Cost for two classes a week:
\$65 resident/\$75 non-resident

Class Attire: t-shirt, shorts, cheer or tennis shoes.



Instructor Jill Simpson and her staff. Jill is USAG Safety Certified, an AAU & USAG member, with CPR/First aid certification. Her staff are USAG members and safety certified.

For more information contact the Casey Community Center at (843)572-1321, the Goose Creek Community Center at (843)569-4242 or visit www.goosecreekrecreation.com